



# Newsletter

Our young adults have arrived back after Christmas and settled in well. We continue to work strictly to the rules around COVID and keeping our Learners safe. Our staff are receiving their vaccinations too.

Trinity continues to be recognised as a high quality further education provider and this is reflected by the number of enquiries we receive.

So we look forward to the next term, and hope to be able to invite our parents and carers back into Trinity.

## The Lindridge



Contact us at:  
angela@trinityspeialistcollege.co.uk  
07984728473



## In this edition...

**We celebrate our staff and Learners' achievements**

**We work on healthy eating and fitness targets**

**Learners take on the Mencap Challenge**



**Christmas dinner is a great success**

**We celebrate Chinese New Year**



**Our learners embrace on-line activities**



Half term break:  
12th February -  
22nd February 2021

**Sensory Pathway** have been looking at 'Healthy Lifestyles' this half term. They have explored healthy foods and snacks, the importance of exercise and hygiene (washing hands). We have also adapted some of our sessions to experience the weather in a sensory way.



**Independence Pathway** are continuing their healthy lifestyle targets by looking at why fitness is important. The learners have taken many walks out, and explored what a healthy diet should be. They have also started to plan for their return to Oakdean to work on their allotment, and have looking at planters on-line for the garden.



Its Chinese New Year and Independence Pathway learners have excelled in their efforts to make Chinese dragons and lanterns. On Friday the 12th February the learners will be able to eat Chinese food to celebrate the Chinese New Year, which will welcome in the Year of the Ox.

**Awards and Qualifications.** At

Trinity we are immensely proud to share the achievements of our learners and staff. So, a big well done to Ashley for passing his Level 2 Award in Practical Horticulture Skills, with Roots to Fruits nursery.



Our staff... Lauren Cox, Amy Sturdy and Terianne Holland have competed the level 4 Certificate in Education and Training. Excellent news!



**Life and Living Pathway** group have had a great term, working on staying healthy. However Ian has worked particularly hard and has remained cheerful and positive. So Jodie and Louise would like to give the award to Ian for...



## Employment Pathway

### Virtual Challenge Week

Mencap and Special Olympics Great Britain held a free virtual challenge from the 25th to 29th January. This was a free online, competition where teams complete different skills and challenges each day to earn points. 105 teams took part, and our guys came in at a respectable 53rd place! Here, Ashley is receiving lots of encouragement from his team!



Kate Aucote, at Employment Pathway group tells us how proud and thrilled she is at how the learners have adapted and embraced on-line learning. They have taken part in many sessions with enthusiasm. They have also supported other groups who are providing activities outside of college time, such as Shining Stars and Electric Umbrella. In fact, artwork created by our young adults has been chosen by Electric Umbrella for their new album!! Rock and Roll!



**Work Placements.** Heather, Ashley and Sam are able to continue with their animal care course at New Pastures Hill Farm, which they are really enjoying and doing well... Good job guys!



**Christmas Lunch** for staff and students was lovingly cooked by Adam, Mathew and Cameron this year. We thank them very much for all their hard work, it was amazing!





Parents and Carers! Do you want to become more proficient on-line? Of course you do! Everything is on-line right now, so here is some help.

Digikick are a free service who can help you to get started or improve your skills. You can join one of their free sessions by going to their website at [www.digikick.co.uk](http://www.digikick.co.uk), or call **Chris on 07920 490 263** who would be happy to help you.

**Concessions available at these websites:**

[www.disabledpersons-railcard.co.uk](http://www.disabledpersons-railcard.co.uk) £20 per year plus money saving options.

[www.ceacard.co.uk](http://www.ceacard.co.uk) Carer goes free at the cinema.

[www.moneyadvice.service.org.uk](http://www.moneyadvice.service.org.uk) Gives details of lots of organisations offering discounts.

[www.birmingham.gov.uk](http://www.birmingham.gov.uk) Passport to Leisure 20% off at Leisure centres and attractions.

[www.gov.uk/disabled-facilities-grants](http://www.gov.uk/disabled-facilities-grants)

[www.turn2us.or.uk](http://www.turn2us.or.uk)

Hi parents and carers.

Please join our WhatsApp group. It's a great way to keep in touch and share ideas. The mobile phone App is easy to download and it's free!

07984728473

*Angela Hackett*

*Family and Transition Support*



[www.electricumbrella.co.uk](http://www.electricumbrella.co.uk)

**Welcome to  
Electric Umbrella**

"THE WORLD'S LEADING INCLUSIVE MUSIC COMMUNITY"

Challenging perceptions of people with learning disabilities by empowering and enriching lives through music.

Musical experiences to combat social isolation and make connections for children and adults with learning disabilities EVERYWHERE!

Visit them to see the range of great activities!



Trinity Specialist College, The Lindridge, Lindridge Road, Sutton Coldfield, Birmingham B75 7JB  
Tel no: 0121 378 3242  
\*trinityspecialistcollege@gmail.com

raising standards  
improving lives

The voice of  
specialist further  
education